

WHAT IS YOUR  
PRODUCTIVITY  
LEVEL

<input type="radio"/>	7am- 8am
<input type="radio"/>	9am-10am
<input type="radio"/>	11am-12pm
<input type="radio"/>	1pm-2pm
<input type="radio"/>	3pm-4pm
<input type="radio"/>	4pm-5pm

A- HIGH ENERGY

B- AUTOPILOT CONTROL

C- 70% ENERGY LEVEL

D- DISTRACTED

E- SLOWING DOWN FOR THE DAY

F- TIRED AND HUNGRY